

# What you need to know:

**Connect 2 Care** 

Teen Resource Guide

First off you should know that you are ABLE to **consent**\* to your own healthcare, including treatment for STDs, contraception, pregnancy and childbirth, mental health, and substance abuse. To give \*consent means that you are able to get services without a parent present even if you are under 18. (But you will need to have consent from a parent or a judge to get an abortion if you are under 18.)



geauxtalk.org

# Will my parents find out?

Some clinics have policies on confidentiality for young people and some do not. Confidentiality is the right to keep your medical treatment and records private. Healthcare providers are not required to report your treatment to your parents, but they are allowed to. It's important to ask the clinic and the provider if they will be able to keep your treatment confidential before being seen for services if you're not told otherwise.

### How to pay for services:

There are a few ways to pay for healthcare services. (1) You can use your parents' insurance if you're covered by it, however, this may be more difficult if you don't have access to your insurance information or do not want your parents to know about the services you receive. (2) Many health care providers offer services at a discounted rate known as a sliding scale fee. This fee is based upon the amount of money you earn, if you do not earn any money you will pay the lowest sliding scale fee available. All of the clinics in this guide offer a sliding scale fee or, (3) some clinics offer free services. Always make sure to ask about costs before you receive care.

# How to make an appointment:

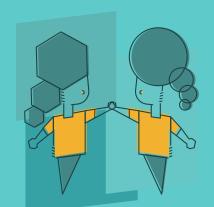
You have two options, you can either call the number provided to be scheduled at a specific time or you can go to the clinic for a walk-in appointment. Scheduled appointments usually mean you will be seen faster. When you call the number you do not have to state the specific reason you would like to be seen and can instead say that you would like to talk to the provider.

# **Preparing for your visit:**

If you have your insurance card, bring it. You will also likely need an ID card or some other form of identifying information.

When you walk in you should find the sign-in desk, the person behind the counter may ask for your ID and insurance information, if you haven't brought it with you, you should ask about other ways to pay for the visit. You will then be handed paperwork, fill it out to the best of your ability and be sure to put the contact information that you wish to be directly contacted at such as your personal cell phone or email address.

# Where You Can Go:



# Clinics in the Greater New Orleans Area:

#### **Access Health Louisiana**

More information: http://accesshealthla.org

#### Ruth Fertel

711 Broad Street

located in Mid City on the corner of Broad and Orleans

- Hours: Mon & Thurs 8am-7pm, Tue, Wed, Fri 8am 5pm
- Make an appointment at 504-609-3500 or walk in

#### South Broad

3300 S. Broad Stre

located near Broadmoor, on the corner of Broad and Washington

- Near bus stops for routes #28 and #27, easily accessible by sidewalk
- · Hours: Monday thru Friday 8:00am-5:00pr
- Make an appointment: Call (504) 309-5061 or walk in
- Referral for IUDs and Implants
- · All treatment is confidential

#### St. Thomas Community Health Center

More information:

ttps://www.stthomaschc.org/

 Patients over 15 can be seen without a parent or guardian

#### **Donald Erwin**

1936 Magazine St., New Orleans, LA 70130 Located in the Lower Garden District, Corner of Magazine and St. Andrew

- Near bus stop for route #11, easily accessible by sidewalk
- Hours: Monday thru Friday 7:30am-5:00pm
- Make an appointment: Call (504) 529-5558

#### Columbia Parc

3943 St. Bernard Ave., New Orleans, LA 70122

- Located near City Park, Corner of St. Bernard and Caton • Near bus stop for route #28, easily accessible by
  - sidewalk
  - Hours: Monday thru Friday 7:30am-4:00pm
  - Make an appointment: Call (504) 529-5558

#### Landry-Walker Clinic

1200 L.B. Landry Ave., New Orleans, LA 70114 Located on the West Bank on the Landry-Walker High School Campus

- Hours: Monday thru Friday 7:30am-4:30pm
- Make an appointment: Call (504) 529-5558

#### **Planned Parenthood**

More information: https://www.plannedparenthood.org/

#### New Orleans Health Center ——

4636 S Claiborne Ave, New Orleans, LA 70125

Located on Corner of S. Claiborne Ave and Upperline St.

- Near bus stops for routes #16, #28, and #15, near Salvation Army
- Hours: Monday 10:30am-6:30pm; Tuesday Wednesday Thursday 8:30am-4:30pm; Friday 8:30am-3:00pm; Saturday 9:00am-2pm
- Make an appointment: Call (504) 897-9200 or walk in

### Children's Hospital / LSU

A team from LSU runs a program called REAL (Reproductive Education and Advocacy and Louisiana), their providers are specifically focused on serving young people in the area. You can find one of their providers at the two clinics listed below or the School Based Health Centers at McMain, McDonogh 35, or Sci High.

#### Kids First Tiger Care \_\_\_\_\_

1661 Canal St #1200, New Orleans, LA 70112

located downtown on the corner of N. Claiborne and Canal

- Near bus stops for routes #47, #48, #49 and street car routes #39, #52, and #80, easily accessible by sidewalk
- Hours: Monday thru Friday 8:00am-4:30pm
- Make an appointment: Call (504) 299-9980

# ACC (Ambulatory Care Center-Adolescent Clinic at Children's Hospital)

In Children's Hospital Main Campus

935 Calhoun St., New Orleans, LA 70118

located near Audubon Park at corner of Calhoun and Chestnut More information

http://www.chnola.org/adolescentmedicine

- Near bus stops for routes #11, and #10, walkable f
   rom St. Charles Streetcar line
- Hours: Wednesdays from 1-5 pm, working on Thursday AM session
- Make an appointment: Call (504) 896-2888
- More specialized services including transgender care and hormones. PrEP

#### Excelth

More information:

http://www.excelth.com

#### Algiers

4422 General Meyer Avenue, Suite 103

- located in Algiers near Steeple Chase
  - Near bus stops for routes #102 and #114, in shopping center
  - Hours: Monday, Tuesday, Wednesday 7:00am-5:00pm; Thursday and Friday 8:00am-5:00pm
  - Make an appointment: Call (504) 526-1179

#### Gentilly

2050 Caton Street, New Orleans, LA 70112

- ocated in Gentilly, Corner of Caton and Norman Mayer
  Near bus stops for routes #94, #99, and #55, next to Dillard, near Brother Martin High School
- Hours: Monday thru Thursday 7:00am-6:00pm; Friday 8:00am-5:00pm
- Make an appointment: Call (504) 620-9868

#### New Orleans East

9900 Lake Forest Boulevard, Suite F, New Orleans, LA 70127 located in New Orleans East, Near Joe W. Brown Memorial Park

- Near bus stops for routes #63, #64, and 65, near Abramson High School
- Hours: Monday thru Friday 8:00am-5:00pm
- Make an appointment: Call (504) 620-0500

# **Tulane University**

More information: https://www2.tulane.edu/som/dropin/contact.cfm

#### **Drop-In Clinic**

#### 611 N. Rampart Street

located in the Treme, Near Louis Armstrong Park

- Inside Covenant House, near bus stops for routes #108, #102, #114, #100, and #115, easily accessible by sidewalk
- Hours: Mon-Fri 1pm-4pm; Mon & Wed 5pm-8pm; Saturdays 9am-1pm
- Make an appointment: Call (504) 584-1112 or walk in
- Provides free services
- The Drop-In Clinic receives funding to ensure that you are able to get services whether or not you can pay for them, they also are required to keep your visit confidential from a parent or guardian.

# **Services:**

You can get birth control including IUDs and implants, the oral contraceptive pill, the Depo-Provera shot, and more (for more information on what birth control might be right for you, check out sexetc.org or stayteen.org), STD testing and treatment, HIV testing and referral, sexual health counseling, and prenatal counseling. You can also ask questions about any other health-related concerns.